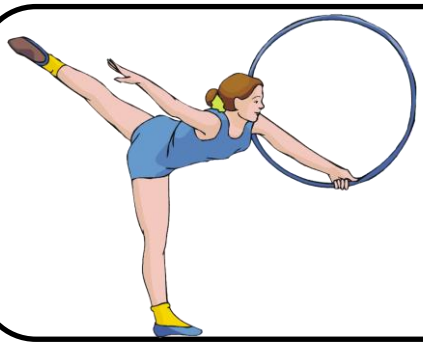
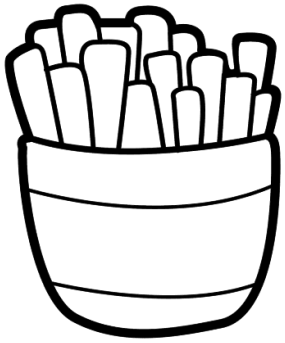
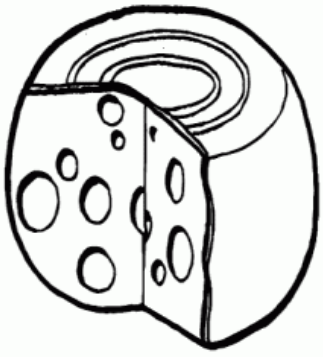
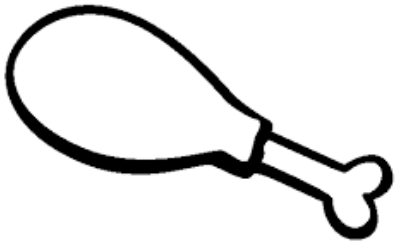
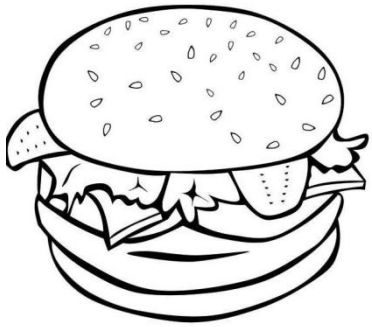
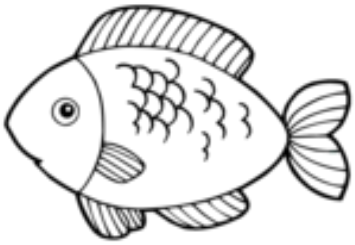
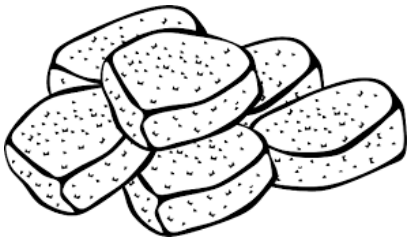
Programa: **Educação Ambiental, Sustentabilidade e Sáude**

Alimentação Saudável

Aluno(a): _____



Mariah precisa se alimentar corretamente para ficar forte e participar das olimpíadas. Vamos ajudar Mariah, escolhendo quais os alimentos bem saudáveis. Pinte de azul os alimentos que são saudáveis.